

# UBC<sup>®</sup> IRMA

## REF 10-022

### INSTRUCTIONS FOR USE

#### INTENDED USE

UBC<sup>®</sup> IRMA is a one step assay for the determination of cytokeratin 8 and 18 in urine. The assay is a sensitive indicator of tumor cell activity and is useful in the management of patients with urinary bladder cancer of epithelial origin. This assay is for research use only, not for use in diagnostic procedures.

#### PRINCIPLE OF THE ASSAY

UBC<sup>®</sup> IRMA is a solid phase radiometric sandwich assay based on immunochemical technique. Standards, controls and samples react simultaneously with solid phase catcher antibodies (6D7 and 3F3) and the <sup>125</sup>I-labeled detector antibody during incubation in assigned tubes. After washing, the radioactivity is assessed in a gamma counter. The radioactivity is directly proportional to the concentration of the analyte.

#### ASSAY SPECIFICITY

UBC<sup>®</sup> measures defined epitopes on cytokeratin 8 and 18, using the monoclonal antibodies 6D7 and 3F3. No detectable cross reactivity to other tumor associated antigens that may be present in patient samples exists.

#### SAMPLES

Voided mid-stream urine (retained in the bladder  $\geq$  3 h) is recommended. The urine samples should be centrifuged (1000 x g for 10 minutes) and the supernatant should be diluted 1:10 in UBC<sup>®</sup> Urine Diluent (1 x conc.). The diluted urine is stable for maximum 5 days when refrigerated (2-8 °C). If delayed analysis, diluted samples should be frozen in aliquots (< -18 °C). Avoid repeated thawing and freezing. Do not use contaminated urine samples or samples showing gross hematuria.

#### PRECAUTIONS FOR USERS

##### A. General

1. UBC<sup>®</sup> IRMA is for research use only, not for diagnostic procedures.
2. Wear protective gloves and protective goggles.
3. Do not use the kit after expiry date.
4. Do not mix reagents from different lots.
5. All patient specimens should be regarded as contagious and handled and disposed of according to appropriate regulations.
6. Avoid microbiological contamination of reagents.
7. Analysis should be performed according to GLP.
8. The accuracy of the test is related to adherence to the assay procedure and accurate volume pipetting.
9. ProClin 300 (60 ppm) used as preservative in this product might be allergenic. In case of contact flush with plenty of water and seek medical advice.
10. Material Safety Data Sheets are available on request.

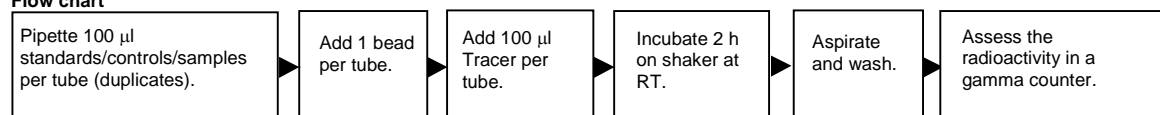
##### B. Radioactive material

1. Radioactive material must be handled according to local regulations and may be received, acquired, possessed and used only by possessors of appropriate permissions.
2. Radioactive material should be stored and handled in designated areas. Immediately decontaminate spilled material. Wash all contaminated areas with a suitable detergent.
3. Do not eat, drink or smoke within the designated work area.
4. Wear protective gloves and goggles during handling of radioactive materials, wash hands thoroughly afterwards.
5. All material used should be considered as radioactive and disposed of in designated containers.

#### MATERIALS REQUIRED BUT NOT PROVIDED

Gamma counter for <sup>125</sup>I (efficiency > 40%).  
Shaker for tubes (oscillation ~ 450 rpm).  
Wash equipment for tubes.  
Tubes and bead dispenser.  
Routine laboratory equipment, e.g. precision pipettes and vortex.

#### Flow chart



#### COMPONENTS IN THE UBC<sup>®</sup> IRMA

*Materials supplied for 100 determinations.*

**UBC<sup>®</sup> Coated Beads:** 1 bottle, 100 dry beads, coated with monoclonal anti-cytokeratin 8/18 antibodies (6D7 and 3F3). Packed with desiccating device. Ready for use.

**UBC<sup>®</sup> IRMA <sup>125</sup>I Tracer:** 1 vial, 11 ml, <sup>125</sup>I-labeled antibody in protein stabilized buffer, pH 7.5. Radioactivity ~ 1.1 MBq/vial. Red colored. Preservative added. Ready for use.

**UBC<sup>®</sup> Urine Diluent:** 1 vial, 20 ml, sample diluent, protein stabilized buffer, pH 7.5 (2.5 x conc.). Should be diluted with 30 ml fresh deionized water. Preservative added.

**UBC<sup>®</sup> Diluent (Standard 0 µg/l):** 1 vial, 15 ml, standard 0 µg/l, protein stabilized buffer, pH 7.5. Preservative added. Ready for use.

**UBC<sup>®</sup> IRMA Standard (1, 2, 5, 15, 30 µg/l):** 5 vials standard, 1 ml/vial, cytokeratin material in protein stabilized buffer, pH 7.5. Concentrations as stated on vials. Preservative added. Ready for use.

**UBC<sup>®</sup> Control (Low, High):** 2 vials control (1 ml/vial), lyophilized cytokeratin material in protein stabilized buffer, pH 7.5. Yellow colored. Preservative added.

**Wash Tablet:** 2 packages, 1 tablet/package. Each tablet should be dissolved in 500 ml fresh deionized water.

**UBC<sup>®</sup> IRMA Certificate:** 1 protocol. Certificate of lot content.

#### ASSAY PROCEDURE

The assay (see Flow chart) should be performed at room temperature (RT; 22 ± 6 °C).

1. Allow all reagents and samples to adjust to RT. Vortex all reagents prior to use.
2. Dilute the UBC<sup>®</sup> Urine Diluent with 30 ml fresh deionized water to 1 x conc.
3. Dilute samples 1:10 with the 1 x conc. UBC<sup>®</sup> Urine Diluent.
4. Dilute the UBC<sup>®</sup> Control (Low, High) with 1.0 ml fresh deionized water. Let vials stand, mix thoroughly after 10 min. Ready to use 15 min after reconstitution.
5. Pipette 100 µl standards, controls or samples per tube (duplicates).
6. Add 1 bead per tube.
7. Add 100 µl UBC<sup>®</sup> IRMA <sup>125</sup>I Tracer to each tube. Cover the tubes with plastic film. *NB! Steps 6 and 7 should be performed sequentially without interruption.*
8. Incubate for 2 h ± 2 min on shaker (~450 rpm).
9. Prepare the wash solution. Dissolve each Wash Tablet in 500 ml fresh deionized water.
10. Aspirate and wash the tubes 3 x 3 ml with wash solution.
11. Assess the radioactivity in a gamma counter. Add two empty tubes for background cpm measurement.
12. Calculate the cytokeratin 8 and 18 concentration (µg/l) of the samples. *NB! Multiply with the dilution factor.* Samples (in 1:10 dilution) showing concentrations >30 µg/l value should be suitably diluted with UBC<sup>®</sup> Urine Diluent before repeated analysis.

#### PROCESSING OF RESULTS

Manual calculation or by using a computer software for handling IRMA-type data (curve fitting - Spline smoothed). For generation of valid data, ensure that included controls are within range.

*Manual processing of results:* Correct each cpm (counts per minute) value by subtracting the background radioactivity (cpm). Estimate the mean value for each duplicate. Construct a standard curve by plotting the mean cpm value for each standard (y-axis) against the corresponding concentration (x-axis). Determine the concentrations of the samples against the standard curve.

#### REAGENT STORAGE

The kit should be stored at 2-8 °C. **Do not freeze!** Store reagents in their original containers if not used at once. Reseal the bottle with Coated Beads, including the desiccating device, if not all beads are used at once. The wash solution is stable for 4 weeks when stored at 2-8 °C. The reconstituted controls are stable for 4 weeks when stored at 2-8 °C. The diluted UBC® Urine Diluent (1 x conc.) is stable for 4 weeks when stored at 2-8 °C.

#### LIMITATIONS OF THE PROCEDURE

The test is for research use only, not for diagnostic procedures. The assay values should be interpreted in conjunction with all available information. Increased values can also be found e.g. in cases of benign prostate hyperplasia, upper urinary tract carcinomas and urinary tract infections. If a temporary infection is suspected, it may be necessary to repeat the test two weeks later. UBC® IRMA should not be performed in connection to therapy, particularly intravesical. Creatinin correction is not necessary when using UBC® IRMA.

#### ASSAY CHARACTERISTICS

**Measuring range:** The measuring range is 0-30 µg/l. The assay has no "high-dose hook effect" up to 500 µg/l.

**Reproducibility:** The intra-assay reproducibility of the standard curve has a typical CV of <5 % (in duplicates). Inter-assay imprecision is characteristically of 5-10 % CV.

**Sensitivity:** The minimal detectable concentration in UBC® IRMA is 0.1 µg/l, defined as the concentration of cytokeratin 8 and 18 that corresponds to the cpm being three standard deviations from the cpm of standard 0 µg/l.

**Expected values:** The 95<sup>th</sup> percentile for apparently healthy individuals (Swedish population) has been determined to 35 µg/l. Due to differences which may exist between laboratories and locales with respect to population, laboratory technique and selection of reference groups; it is recommended that each laboratory establishes its own normal range.

**Recovery:** Specified quantities of cytokeratin 8 and 18 were added to human urine samples. The recovery was 91-98 %.

#### WARRANTY

The performance data presented here were obtained using the procedure indicated. Any change or modification in the procedure, not recommended by IDL Biotech AB, may affect the results. In such event IDL Biotech AB disclaims all warranties expressed, implied or statutory, including the implied warranty of merchantability and the fitness for use.

#### REFERENCES

1. Stigbrand, T. *et al.* Epitope specificity of 30 monoclonal antibodies against cytokeratin antigens: The ISOBM TD5-1 Workshop. *Tumor Biol* 1998; 19:132-152.
2. Gil, M.C. *et al.* Usefulness of the UBC™ (Urinary Bladder Cancer) test compared to urinary cytology for transitional cell carcinoma of the bladder in patients with hematuria. *Korean J Nucl Med* 2001; 35:192-197.
3. Giannopoulos, A. *et al.* Comparative evaluation of the diagnostic performance of the BTA stat test, NMP22 and urinary bladder cancer antigen for primary and recurrent bladder tumors. *J Urol* 2001; 166:470-475.

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