

# **MMP-9 (Human) ELISA**

## ***BMS2016/2 and BMS2016/2TEN***

Enzyme-linked Immunosorbent Assay for  
detection of human MMP-9.  
For research use only, not for use in diagnostic procedures.

**REF** **IB49676**

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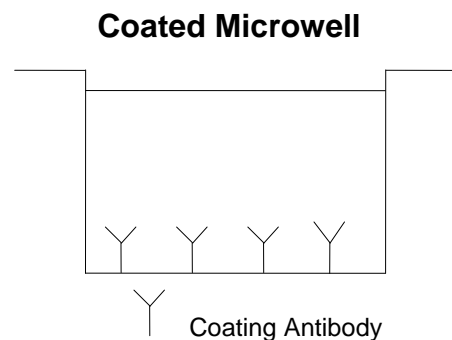
## 1. Intended Use

The human MMP-9 ELISA is an enzyme-linked immunosorbent assay for the detection of human MMP-9. **For research use only, not for use in diagnostic procedures.**

## 2. Principle of the Test

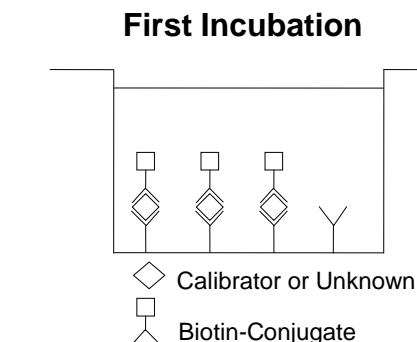
An anti-human MMP-9 coating antibody is adsorbed onto microwells.

Figure 1



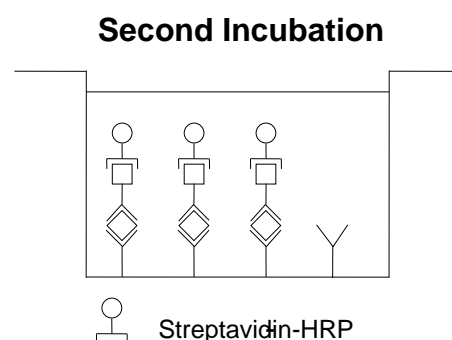
Human MMP-9 present in the unknown or calibrator binds to antibodies adsorbed to the microwells. A biotin-conjugated anti-human MMP-9 antibody is added and binds to human MMP-9 captured by the first antibody.

Figure 2



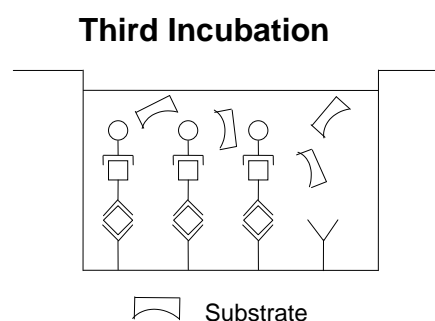
Following incubation unbound biotin-conjugated anti-human MMP-9 antibody is removed during a wash step. Streptavidin-HRP is added and binds to the biotin-conjugated anti-human MMP-9 antibody.

Figure 3



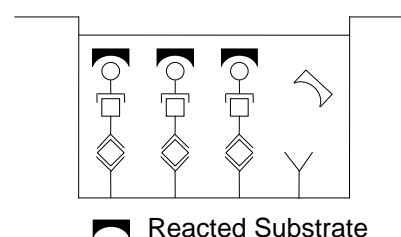
Following incubation unbound Streptavidin-HRP is removed during a wash step, and substrate solution reactive with HRP is added to the wells.

Figure 4



A coloured product is formed in proportion to the amount of human MMP-9 present in the unknown or calibrator. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A calibrator curve is prepared from 7 human MMP-9 calibrator dilutions and human MMP-9 unknown concentration determined.

Figure 5



### 3. Reagents Provided

- 1 aluminium pouch with a **Microwell Plate coated** with monoclonal antibody to human MMP-9
- 1 vial (100 µl) **Biotin-Conjugate** anti-human MMP-9 polyclonal antibody
- 1 vial (150 µl) **Streptavidin-HRP**
- 2 vials human MMP-9 **Calibrator** lyophilized, 30 ng/ml upon reconstitution
- 1 vial (5 ml) **Assay Buffer Concentrate** 20x (PBS with 1% Tween 20 and 10% BSA)
- 1 bottle (50 ml) **Wash Buffer Concentrate** 20x (PBS with 1% Tween 20)
- 1 vial (15 ml) **Substrate Solution** (tetramethyl-benzidine)
- 1 vial (15 ml) **Stop Solution** (1M Phosphoric acid)
- 1 vial (0.4 ml) **Blue-Dye**
- 1 vial (0.4 ml) **Green-Dye**
- 1 vial (0.4 ml) **Red-Dye**
- 4 **Adhesive Films**

#### 4. Storage Instructions – ELISA Kit

Store kit reagents between 2° and 8°C. Immediately after use remaining reagents should be returned to cold storage (2° to 8°C). Expiry of the kit and reagents is stated on labels. Expiry of the kit components can only be guaranteed if the components are stored properly, and if, in case of repeated use of one component, this reagent is not contaminated by the first handling.

#### 5. Collection and Handling of Unknowns

Cell culture supernatant, serum\* and plasma (citrate, heparin) were tested with this assay. Other biologicals might be suitable for use in the assay. Remove serum or plasma from the clot or cells as soon as possible after clotting and separation.

Pay attention to a possible “**Hook Effect**” due to high concentrations of analyte.

Unknowns containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic unknowns.

Unknowns should be aliquoted and must be stored frozen at -20°C to avoid loss of bioactive human MMP-9. If unknowns are to be run within 24 hours, they may be stored at 2° to 8°C. Avoid repeated freeze-thaw cycles. Prior to assay, the frozen unknown should be brought to room temperature slowly and mixed gently.

\* Pay attention to a possibly elevated serum level of human MMP-9 due to MMP-9 release by platelets during platelet activation (sampling process).

#### 6. Materials Required But Not Provided

- 5 ml and 10 ml graduated pipettes
- 5 µl to 1000 µl adjustable single channel micropipettes with disposable tips
- 50 µl to 300 µl adjustable multichannel micropipette with disposable tips

- Multichannel micropipette reservoir
- Beakers, flasks, cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- Glass-distilled or deionized water
- Statistical calculator with program to perform regression analysis

## **7. Precautions for Use**

- All chemicals should be considered as potentially hazardous. We therefore recommend that this product is handled only by those persons who have been trained in laboratory techniques and that it is used in accordance with the principles of good laboratory practice. Wear suitable protective clothing such as laboratory overalls, safety glasses and gloves. Care should be taken to avoid contact with skin or eyes. In the case of contact with skin or eyes wash immediately with water. See material safety data sheet(s) and/or safety statement(s) for specific advice.
- Reagents are intended for research use only and are not for use in diagnostic or therapeutic procedures.
- Do not mix or substitute reagents with those from other lots or other sources.
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipette by mouth.
- Do not eat or smoke in areas where kit reagents or unknowns are handled.
- Avoid contact of skin or mucous membranes with kit reagents or unknowns.
- Rubber or disposable latex gloves should be worn while handling kit reagents or unknowns.
- Avoid contact of substrate solution with oxidizing agents and metal.

- Avoid splashing or generation of aerosols.
- In order to avoid microbial contamination or cross-contamination of reagents or unknowns which may invalidate the test use disposable pipette tips and/or pipettes.
- Use clean, dedicated reagent trays for dispensing the conjugate and substrate reagent.
- Exposure to acid inactivates the conjugate.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solution must be at room temperature prior to use.
- Decontaminate and dispose unknowns and all potentially contaminated materials as they could contain infectious agents. The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.
- Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 1.0% sodium hypochlorite. Allow 30 minutes for effective decontamination. Liquid waste containing acid must be neutralized prior to the addition of sodium hypochlorite.

## 8. Preparation of Reagents

**Buffer Concentrates** should be brought to room temperature and should be diluted before starting the test procedure. If crystals have formed in the **Buffer Concentrates**, warm them gently until they have completely dissolved.

### 8.1 Wash Buffer (1x)

Pour entire contents (50 ml) of the **Wash Buffer Concentrate** (20x) into a clean 1000 ml graduated cylinder. Bring to final volume of 1000 ml with glass-distilled or deionized water. Mix gently to avoid foaming. Transfer to a clean wash bottle and store at 2° to 25°C. Please note that Wash Buffer (1x) is stable for 30 days.

Wash Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Wash Buffer Concentrate (20x) (ml)	Distilled Water (ml)
1 - 6	25	475
1 - 12	50	950

## 8.2 Assay Buffer (1x)

Pour the entire contents (5 ml) of the **Assay Buffer Concentrate** (20x) into a clean 100 ml graduated cylinder. Bring to final volume of 100 ml with distilled water. Mix gently to avoid foaming. Store at 2° to 8°C. Please note that the Assay Buffer (1x) is stable for 30 days.

Assay Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Assay Buffer Concentrate (20x) (ml)	Distilled Water (ml)
1 - 6	2.5	47.5
1 - 12	5.0	95.0

## 8.3 Biotin-Conjugate

**Please note that the Biotin-Conjugate should be used within 30 minutes after dilution.** Make a 1:100 dilution of the concentrated **Biotin-Conjugate** solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Biotin-Conjugate (ml)	Assay Buffer (1x) (ml)
1 - 6	0.03	2.97
1 - 12	0.06	5.94



## 8.4 Streptavidin-HRP

**Please note that the Streptavidin-HRP should be used within 30 minutes after dilution.** Make a 1:200 dilution of the concentrated **Streptavidin-HRP** solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Streptavidin-HRP (ml)	Assay Buffer (1x) (ml)
1 - 6	0.03	5.97
1 - 12	0.06	11.94

## 8.5 Human MMP-9 Calibrator

Reconstitute **human MMP-9 Calibrator** by addition of distilled water. Reconstitution volume is stated on the label of the calibrator vial. Swirl or mix gently to insure complete and homogeneous solubilization (concentration of reconstituted calibrator = 30 ng/ml). Allow the calibrator to reconstitute for 10-30 minutes. Mix well prior to making dilutions.

After usage remaining calibrator cannot be stored and has to be discarded.

**Calibrator dilutions** can be prepared directly on the microwell plate (see 9.d) or alternatively in tubes (see 0).

### 8.5.1 External Calibrator Dilution

Label 7 tubes, one for each calibrator point.

S1, S2, S3, S4, S5, S6, S7

Then prepare 1:2 serial dilutions for the calibrator curve as follows:  
Pipette 225 µl of Assay Buffer (1x) into each tube.

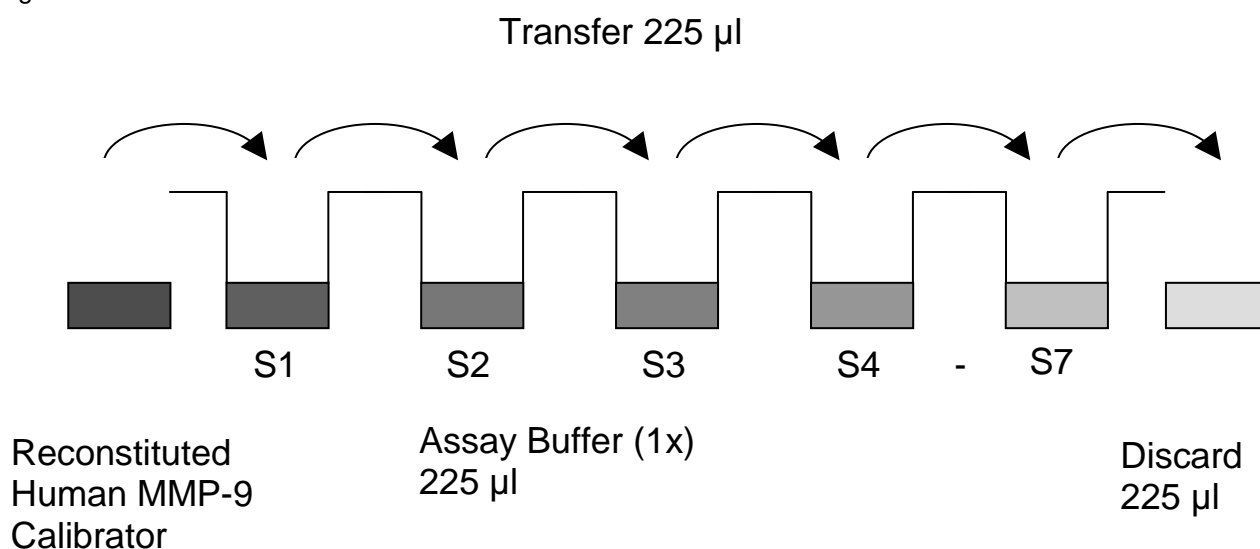
Pipette 225 µl of reconstituted calibrator (concentration of calibrator = 30 ng/ml) into the first tube, labelled S1, and mix (concentration of calibrator 1 = 15 ng/ml).

Pipette 225 µl of this dilution into the second tube, labelled S2, and mix thoroughly before the next transfer.

Repeat serial dilutions 5 more times thus creating the points of the calibrator curve (see Figure 6).

Assay Buffer (1x) serves as blank.

Figure 6



## 8.6 Addition of Colour-giving Reagents: Blue-Dye, Green-Dye, Red-Dye

In order to help our customers to avoid any mistakes in pipetting, IBL-America offers a tool that helps to monitor the addition of even very small volumes of a solution to the reaction well by giving distinctive colours to each step of the ELISA procedure.

**This procedure is optional**, does not in any way interfere with the test results, and is designed to help the customer with the performance of the test, but can also be omitted, just following the instruction booklet.

Alternatively, the dye solutions from the stocks provided (**Blue-Dye, Green-Dye, Red-Dye**) can be added to the reagents according to the following guidelines:

### 1. Diluent:

Before calibrator and unknown dilution add the **Blue-Dye** at a dilution of 1:250 (see table below) to the appropriate diluent (1x) according to the test protocol. After addition of **Blue-Dye**, proceed according to the instruction booklet.

5 ml Assay Buffer (1x)	20 µl <b>Blue-Dye</b>
12 ml Assay Buffer (1x)	48 µl <b>Blue-Dye</b>
50 ml Assay Buffer (1x)	200 µl <b>Blue-Dye</b>

- 2. Biotin-Conjugate:** Before dilution of the concentrated Biotin-Conjugate, add the **Green-Dye** at a dilution of 1:100 (see table below) to the Assay Buffer (1x) used for the final conjugate dilution. Proceed after addition of **Green-Dye** according to the instruction booklet: Preparation of Biotin-Conjugate.

3 ml Assay Buffer (1x)	30 µl <b>Green-Dye</b>
6 ml Assay Buffer (1x)	60 µl <b>Green-Dye</b>
12 ml Assay Buffer (1x)	120 µl <b>Green-Dye</b>

- 3. Streptavidin-HRP:** Before dilution of the concentrated Streptavidin-HRP, add the **Red-Dye** at a dilution of 1:250 (see table below) to the Assay Buffer (1x) used for the final Streptavidin-HRP dilution. Proceed after addition of **Red-Dye** according to the instruction booklet: Preparation of Streptavidin-HRP.

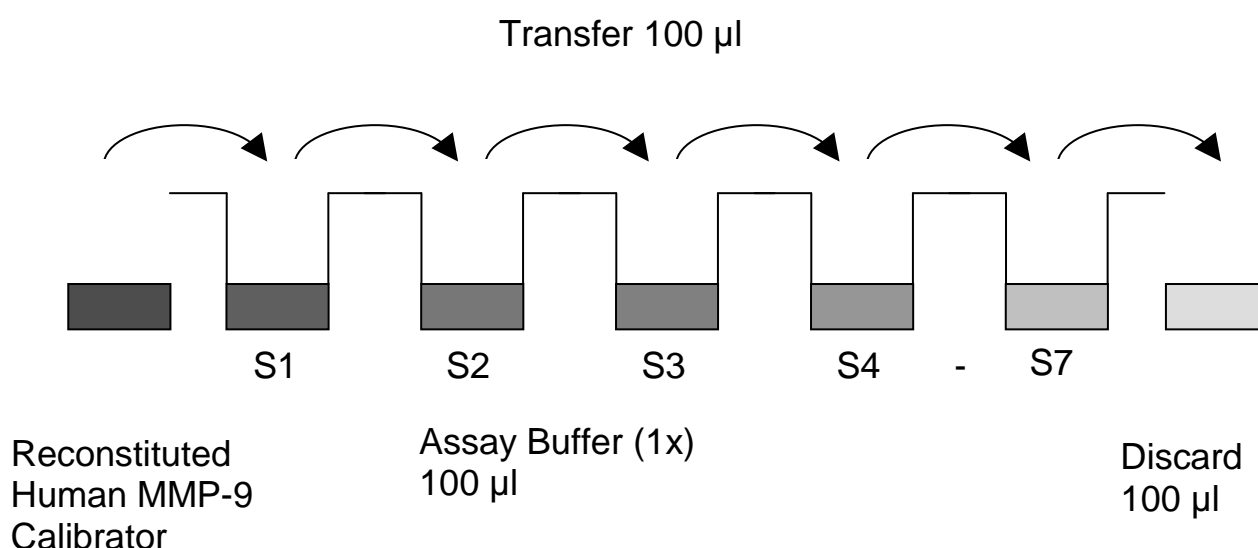
6 ml Assay Buffer (1x)	24 µl <b>Red-Dye</b>
12 ml Assay Buffer (1x)	48 µl <b>Red-Dye</b>

## 9. Test Protocol

- Unknowns from apparently healthy subjects should not need external predilution. For unknowns with expected higher values of MMP-9 predilute your unknowns 1:10 to 1:25 with Assay Buffer (1x) before starting with the test procedure according to one of the following schemes:  
 1:10 dilution: 25 µl unknown + 225 µl Assay Buffer (1x)  
 1:25 dilution: 10 µl unknown + 240 µl Assay Buffer (1x)
- Determine the number of microwell strips required to test the desired number of unknowns plus appropriate number of wells needed for running blanks and calibrators. Each unknown, calibrator and blank should be assayed in duplicate. Remove extra microwell strips from holder and store in foil bag with the desiccant provided at 2°-8°C sealed tightly.

- c. Wash the microwell strips twice with approximately 400  $\mu$ l **Wash Buffer** per well with thorough aspiration of microwell contents between washes. Allow the Wash Buffer to sit in the wells for about **10 – 15 seconds** before aspiration. Take care not to scratch the surface of the microwells. After the last wash step, empty wells and tap microwell strips on absorbent pad or paper towel to remove excess Wash Buffer. Use the microwell strips immediately after washing. **Do not allow wells to dry.**
- d. **Calibrator dilution on the microwell plate** (Alternatively the calibrator dilution can be prepared in tubes - see 0):  
 Add 100  $\mu$ l of Assay Buffer (1x) in duplicate to all **calibrator wells**. Pipette 100  $\mu$ l of prepared **calibrator** (see Preparation of Calibrator 0, concentration = 30 ng/ml) in duplicate into well A1 and A2 (see Table 1). Mix the contents of wells A1 and A2 by repeated aspiration and ejection (concentration of calibrator 1, S1 = 15 ng/ml), and transfer 100  $\mu$ l to wells B1 and B2, respectively (see Figure 7). Take care not to scratch the inner surface of the microwells. Continue this procedure 5 times, creating two rows of human MMP-9 calibrator dilutions ranging from 15.00 to 0.23 ng/ml. Discard 100  $\mu$ l of the contents from the last microwells (G1, G2) used.

Figure 7



In case of an **external calibrator dilution** (see 0), pipette 100 µl of these calibrator dilutions (S1 - S7) in the calibrator wells according to Table 1.

Table 1

Table depicting an example of the arrangement of blanks, calibrators and unknowns in the microwell strips:

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>A</b>	Calibrator 1 (15.0 ng/ml)	Calibrator 1 (15.0 ng/ml)	Unknown 1	Unknown 1
<b>B</b>	Calibrator 2 (7.5 ng/ml)	Calibrator 2 (7.5 ng/ml)	Unknown 2	Unknown 2
<b>C</b>	Calibrator 3 (3.75 ng/ml)	Calibrator 3 (3.75 ng/ml)	Unknown 3	Unknown 3
<b>D</b>	Calibrator 4 (1.88 ng/ml)	Calibrator 4 (1.88 ng/ml)	Unknown 4	Unknown 4
<b>E</b>	Calibrator 5 (0.94 ng/ml)	Calibrator 5 (0.94 ng/ml)	Unknown 5	Unknown 5
<b>F</b>	Calibrator 6 (0.47 ng/ml)	Calibrator 6 (0.47 ng/ml)	Unknown 6	Unknown 6
<b>G</b>	Calibrator 7 (0.23 ng/ml)	Calibrator 7 (0.23 ng/ml)	Unknown 7	Unknown 7
<b>H</b>	Blank	Blank	Unknown 8	Unknown 8

- e. Add 100 µl of **Assay Buffer (1x)** in duplicate to the **blank wells**.
- f. Add 90 µl of **Assay Buffer (1x)** to the wells designated for unknowns being tested.
- g. Add 10 µl of each **unknown** in duplicate to the appropriately assigned wells.
- h. Prepare **Biotin-Conjugate** (see Preparation of Biotin-Conjugate 0).
- i. Add 50 µl of **Biotin-Conjugate** to all wells.
- j. Cover with an adhesive film and incubate at room temperature (18 to 25°C) for 2 hours, if available on a microplate shaker set at 100 rpm.
- k. Prepare **Streptavidin-HRP** (refer to Preparation of Streptavidin-HRP 0).
- l. Remove adhesive film and empty wells. **Wash** microwell strips 4 times according to point c. of the test protocol. Proceed immediately to the next step.
- m. Add 100 µl of diluted **Streptavidin-HRP** to all wells, including the blank wells.
- n. Cover with an adhesive film and incubate at room temperature (18° to 25°C) for 1 hour, if available on a microplate shaker set at 100 rpm.
- o. Remove adhesive film and empty wells. **Wash** microwell strips 4 times according to point c. of the test protocol. Proceed immediately to the next step.
- p. Pipette 100 µl of **TMB Substrate Solution** to all wells.
- q. Incubate the microwell strips at room temperature (18° to 25°C) for about 10 min. Avoid direct exposure to intense light.

**The colour development on the plate should be monitored and the substrate reaction stopped (see next point of this protocol) before positive wells are no longer properly recordable. Determination of the ideal time period for colour development has to be done individually for each assay.**

It is recommended to add the stop solution when the highest calibrator has developed a dark blue colour. Alternatively the colour development can be monitored by the ELISA reader at 620 nm. The substrate reaction should be stopped as soon as Calibrator 1 has reached an OD of 0.9 – 0.95.

- r. Stop the enzyme reaction by quickly pipetting 100 µl of **Stop Solution** into each well. It is important that the Stop Solution is spread quickly and uniformly throughout the microwells to completely inactivate the enzyme. Results must be read immediately after the Stop Solution is added or within one hour if the microwell strips are stored at 2 - 8°C in the dark.
- s. Read absorbance of each microwell on a spectrophotometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both the unknowns and the calibrators.

**Note: In case of incubation without shaking the obtained O.D. values may be lower than indicated below. Nevertheless the results are still valid.**

## 10. Results

- Calculate the average absorbance values for each set of duplicate calibrators and unknowns. Duplicates should be within 20 per cent of the mean value.
- Create a calibrator curve by plotting the mean absorbance for each calibrator concentration on the ordinate against the human MMP-9 concentration on the abscissa. Draw a best fit curve through the points of the graph (a 5-parameter curve fit is recommended).
- To determine the concentration of circulating human MMP-9 for each unknown, first find the mean absorbance value on the ordinate and extend a horizontal line to the calibrator curve. At the point of intersection, extend a vertical line to the abscissa and read the corresponding human MMP-9 concentration.

- If instructions in this protocol have been followed unknowns have been diluted 1:10 (10 µl unknown + 90 µl Assay Buffer (1x)) on the plate, the concentration read from the calibrator curve must be multiplied by the final dilution factor (depending on the predilution factor), for example:  
Not prediluted unknowns: x 10  
1:10 prediluted unknowns: x 100  
1:25 prediluted unknowns: x 250
- Calculation of unknowns with a concentration exceeding calibrator 1 will result in incorrect, low human MMP-9 levels (Hook Effect). Such unknowns require further external predilution according to expected human MMP-9 values with Assay Buffer (1x) in order to precisely determine the actual human MMP-9 level.
- It is suggested that each testing facility establishes a control of known human MMP-9 concentration and runs this additional control with each assay. If the values obtained are not within the expected range of the control, the assay results may be invalid.

## 11. Limitations

- Since exact conditions may vary from assay to assay, a calibration curve must be established for every run.
- Bacterial or fungal contamination of either screen unknowns or reagents or cross-contamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure may result in inaccurate results. Empty wells completely before dispensing fresh wash solution, fill with Wash Buffer as indicated for each wash cycle and do not allow wells to sit uncovered or dry for extended periods.
- Human anti-mouse IgG antibodies (HAMA) may interfere with assays utilizing murine monoclonal antibodies leading to inaccurate results. Serum unknowns containing antibodies to murine immunoglobulins can still be analysed in such assays when murine immunoglobulins (serum, ascitic fluid, or monoclonal antibodies of irrelevant specificity) are added to the unknown.



## 12. Performance Characteristics

### 12.1 Spike Recovery

The spike recovery was evaluated by spiking 4 levels of human MMP-9 into serum. The amount of endogenous human MMP-9 in unspiked serum was subtracted from the spike values. Recoveries were determined in 2 independent experiments with 4 replicates each. The overall mean recovery was 103.1%

### 12.2 Dilution Parallelism

Serums with different levels of human MMP-9 were analysed at serial 2 fold dilutions with 4 replicates each. The recovery ranged from 103.2% to 114.0% with an overall recovery of 107.4% (see Table 2).

Table 2

Serum	Dilution	Expected Human MMP-9 Concentration (ng/ml)	Observed Human MMP-9 Concentration (ng/ml)	Recovery of Expected human MMP-9 Concentration (%)
1	1:250		1419.0	
	1:500	709.5	809.1	114.0
	1:1000	354.7	372.1	104.9
	1:2000	177.4	186.8	105.3
2	1:250		778.6	
	1:500	389.3	401.6	103.2
	1:1000	194.6	207.7	106.7
	1:2000	97.3	107.3	110.3

### 12.3 Stability of Unknowns

#### 12.3.1 Freeze-Thaw Stability

Aliquots of serum (spiked or unspiked) were stored at -20°C and thawed 5 times, and the human MMP-9 levels determined. There was no significant loss of human MMP-9 immunoreactivity detected by freezing and thawing.

### **12.3.2 Storage Stability**

Aliquots of serum (spiked or unspiked) were stored at -20°C, 2-8°C, room temperature (RT) and at 37°C, and the human MMP-9 level determined after 24 h. There was no significant loss of human MMP-9 immunoreactivity detected under above conditions.

### **12.4 Specificity**

The cross reactivity and interference of circulating factors of the immune system was evaluated by spiking these proteins at relevant concentrations into a human MMP-9 positive unknown. There was no cross reactivity or interference detected.

## **13. Ordering Information**

This kit is manufactured for Immuno-Biological Laboratories, Inc. (IBL-America). For ordering information, please contact:

**Immuno-Biological Laboratories, Inc. (IBL-America)**

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