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# Dehydroepiandrosterone Sulfate (DHEAS) ELISA



Version: USA-10.0

IVD

#### 1. INTENDED PURPOSE & USE

For the quantitative measurement of Dehydroepiandrosterone Sulfate (DHEAS) in human serum by an ELISA (Enzyme-Linked Immunosorbent Assay).

This kit is intended for professional use only and is for laboratory use only. For *in vitro* diagnostic use only. Intended to be used manually but may be adaptable to open automated analyzers. The user is responsible for validating the performance of this kit with any automated analyzers.

#### 2. LIMITATIONS RELATED TO INTENDED PURPOSE & USE

- 1. This test is not intended to be used for screening purposes.
- 2. This test is not intended for home testing or self-testing.
- The kit is calibrated for the determination of DHEAS in human serum.
   The kit is not calibrated for the determination of DHEAS in other specimens of human or animal origin.
- The results obtained with this kit shall never be used as the sole basis for a clinical diagnosis and for therapeutic decisions.
- Although common interfering substances have been evaluated with this test, other substances that have not been evaluated such as drugs and the occurrence of heterophilic antibodies in individuals regularly exposed to animals or animal products have the potential of causing interferences.

#### 3. SUPPLEMENTAL INFORMATION

Dehydroepiandrosterone sulfate (DHEAS) is produced by the adrenals and gonads. As a result, the determination of the level of DHEAS in serum is important in the evaluation of the functional state of these glands. DHEAS is a precursor of testosterone and estrone. Besides the adrenals in females, the ovaries have been shown to be an important source of DHEAS. It has been reported that there is a fluctuation day by day of DHEAS in women during the ovulatory cycle.

The principle production of testosterone in females is from conversion of other related androgens, especially DHEAS. An abnormal testosterone level in women should be accompanied by the estimation of serum DHEAS. The use of serum testosterone determination in conjunction with DHEAS can be used to determine if the source of excess androgen production is ovarian or adrenal.

### 4. PRINCIPLE OF THE TEST

The DHEAS ELISA is a competitive immunoassay. Competition occurs between DHEAS present in calibrators, controls, specimen samples and an enzyme-labelled antigen (HRP conjugate) for a limited number of anti-DHEAS antibody binding sites on the microplate wells. After a washing step that removes unbound materials, the TMB substrate (enzyme substrate) is added which reacts with HRP to form a blue-coloured product that is inversely proportional to the amount of DHEAS present. Following an incubation, the enzymatic reaction is terminated by the addition of the stopping solution, converting the colour from blue to yellow. The absorbance is measured on a microplate reader at 450 nm. A set of calibrators is used to plot a calibrator curve from which the amount of DHEAS in specimen samples and controls can be directly read.

#### 5. PROCEDURAL CAUTIONS AND WARNINGS

- This kit is for use by trained laboratory personnel (professional use only). For laboratory in vitro use only.
- Practice good laboratory practices when handling kit reagents and specimens. This includes:
  - · Do not pipette by mouth.
  - Do not smoke, drink, or eat in areas where specimens or kit reagents are handled.
  - · Wear protective clothing and disposable gloves.
  - · Wash hands thoroughly after performing the test.
  - Avoid contact with eyes; use safety glasses; in case of contact with eyes, flush eyes with water immediately and contact a doctor.
- Users should have a thorough understanding of this protocol for the successful use of this kit. Reliable performance will only be attained by strict and careful adherence to the instructions provided.
- Do not use the kit beyond the expiry date stated on the label.
- If the kit reagents are visibly damaged, do not use the test kit.
- Do not use kit components from different kit lots within a test and do not use any component beyond the expiration date printed on the label.
- All kit reagents and specimens must be brought to room temperature and mixed gently but thoroughly before use. Avoid repeated freezing and thawing of specimens.
- When the use of water is specified for dilution or reconstitution, use deionized or distilled water.
- Immediately after use, each individual component of the kit must be returned to the recommended storage temperature stated on the lebel.
- 10. A calibrator curve must be established for every run.
- 11. It is recommended to all customers to prepare their own control materials or serum pools which should be included in every run at a high and low level for assessing the reliability of results.
- 12. The controls (included in kit) must be included in every run and their results must fall within the ranges stated in the quality control certificate; a failed control result might indicate improper procedural techniques or pipetting, incomplete washing, or improper reagent storage.
- When dispensing the substrate and stopping solutions, do not use pipettes in which these liquids will come into contact with any metal parts.
- 14. The TMB Substrate is sensitive to light and should remain colourless if properly stored. Instability or contamination may be indicated by the development of a blue colour, in which case it should not be used.
- 15. Do not use grossly hemolyzed, grossly lipemic, icteric or improperly stored serum
- Samples or controls containing azide or thimerosal are not compatible with this kit, they may lead to false results.
- 17. Samples values above the measuring range of the kit may be reported as >10 µg/mL. If further dilution and retesting is required, only calibrator A may be used to dilute serum samples. The use of any other reagent may lead to false results.
- 18. Avoid microbial contamination of reagents.
- To prevent the contamination of reagents, use a new disposable pipette tip for dispensing each reagent, sample, calibrator, and
- 20. To prevent the contamination of reagents, do not pour reagents back into the original containers.
- Kit reagents must be regarded as hazardous waste and disposed of according to local and/or national regulations.
- 22. Consumables used with the kit that are potentially biohazardous (e.g., pipette tips, bottles or containers containing human materials) must be handled according to biosafety practices to minimize the risk of infection and disposed of according to local and/or national regulations relating to biohazardous waste.
- 23. This kit contains 1 M sulfuric acid in the stopping solution component. Do not combine acid with waste material containing sodium azide or sodium hypochlorite.
- The use of safety glasses, and disposable plastic, is strongly recommended when manipulating biohazardous or bio-contaminated solutions.
- 25. Proper calibration of the equipment used with the test, such as the pipettes and absorbance microplate reader, is required.
- 26. If a microplate shaker is required for the assay procedure, the type

and speed of shaker required is stated in the REAGENTS AND EQUIPMENT NEEDED BUT NOT PROVIDED section. Both the type and speed of shaker used can influence the optical densities and test results. If a different type of shaker and/or speed is used, the user is responsible for validating the performance of the kit.

- 27. Do not reuse the microplate wells, they are for SINGLE USE only.
- 28. To avoid condensation within the microplate wells in humid environments, do not open the pouch containing the microplate until it has reached room temperature.
- When reading the microplate, the presence of bubbles in the wells will
  affect the optical densities (ODs). Carefully remove any bubbles
  before performing the reading step.

#### 6. SAFETY CAUTIONS AND WARNINGS

#### 6.1 BIOHAZARDS

The reagents should be considered a potential biohazard and handled with the same precautions applied to blood specimens. All human specimens should be considered a potential biohazard and handled as if capable of transmitting infections and in accordance with good laboratory practices.

#### 6.2 CHEMICAL HAZARDS

Avoid direct contact with any of the kit reagents. Specifically avoid contact with the TMB Substrate (contains tetramethylbenzidine) and Stopping Solution (contains suffuric acid). If contacted with any of these reagents, wash with plenty of water and refer to SDS for additional information.

# 7. SPECIMEN COLLECTION, STORAGE AND PRETREATMENT

#### 7.1 Specimen Collection & Storage

Approximately 0.1 mL of serum is required per duplicate determination. Collect 4–5 mL of venous blood into an appropriately labelled tube and allow it to clot. Centrifuge at room temperature and carefully transfer the serum into a new storage tube or container. Serum samples may be stored at 2-8°C for up to 24 hours or at -10°C or lower if the analyses are to be done at a later date.

Consider all human specimens as possible biohazardous materials and take appropriate precautions when handling.

#### 7.2 Specimen Pre-Treatment

Specimen pre-treatment is not required.

# 8. REAGENTS AND EQUIPMENT NEEDED BUT NOT PROVIDED

- 1. Calibrated single-channel pipette to dispense 25 μL.
- 2. Calibrated multi-channel pipettes to dispense 50 μL,150 μL and 200 μL.
- Calibrated multi-channel pipettes to dispense 300 μL (if washing manually).
- Automatic microplate washer (recommended).
- Microplate shaker:
  - a. Orbital shaker (3 mm diameter) set to 600 rpm or
  - Reciprocating shaker (1.5" stroke length) set to 180 oscillations/minute.
- Disposable pipette tips.
- 7. Distilled or deionized water.
- Calibrated absorbance microplate reader with a 450 nm filter and an upper OD limit of 3.0 or greater.

#### 9. REAGENTS PROVIDED

# MPL Microplate

Contents:	One anti-DHEAS polyclonal antibody-coated 96-well (12x8) microplate in a resealable pouch with desiccant.
Format:	Ready to Use
Storage:	2–8°C
Stability:	Unopened: Stable until the expiry date printed on the
-	label. After Opening: Stable for three weeks.

## 2. | HRP | CONJ | CONC | HRP Conjugate Concentrate

	One bottle containing DHEAS-Horse Radish			
Contents:	Peroxidase (HRP) conjugate in a protein-based			
	buffer with a non-mercury preservative.			
Format:	Concentrated; Requires Preparation			
Volume:	0.8 mL/bottle			
Storage:	2–8°C			
Stability:	Unopened: Stable until the expiry date printed on			
	the label. After Opening: Stable for three weeks.			
Preparation of	X51 Dilute 1:51 Before Use			
HRP Conjugate	Dilute 1:51 in assay buffer before use (e.g., 40 µL			

# 3. CAL A – G

Working

Solution:

#### Calibrator A – G

Discard any that is left over

of conjugate concentrate in 2 mL of assay buffer). If the whole plate is to be used dilute 0.5 mL of

conjugate concentrate in 25 mL of assay buffer.

Contents:	Seven bottles of calibrator containing specified DHEAS concentrations. Protein-based buffer with a non-mercury preservative. Prepared by spiking buffer with defined quantities of DHEAS.	
	Listed below are approximate concentrations, please refer to vial labels for exact concentrations. Concentrations: 0, 0.005, 0.02, 0.1, 0.5, 2.5, 10 µg/mL	
Format:	Ready to Use	
Volume:	Calibrator A: 2.0 mL/bottle Calibrator B-G: 0.5 mL/bottle	
Storage:	2–8°C	
Stability:	Unopened: Stable until the expiry date printed on the label. After Opening: Stable for three weeks	

# . | CONTROL | 1 – 2 | Control 1 – 2

Contents:	Two bottles of control containing different DHEAS concentrations. Protein-based buffer with a non-mercury preservative. Prepared by spiking buffer with defined quantities of DHEAS.  Refer to the QC certificate for the target values and acceptable ranges.
Format:	Ready to Use
Volume:	0.5 mL/bottle
Storage:	2–8°C
Stability:	Unopened: Stable until the expiry date printed on the label. After Opening: Stable for three weeks.

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# 5. ASY BUFF Assay Buffer

Contents:	One bottle containing a protein-based buffer with a
Contents.	non-mercury preservative.
Format:	Ready to Use
Volume:	30 mL/bottle
Storage:	2–8°C
Stability:	Unopened: Stable until the expiry date printed on the

### 6. TMB SUB TMB Substrate

Contents:	One bottle containing tetramethylbenzidine and hydrogen peroxide in a non-DMF or DMSO containing buffer.
Format:	Ready to Use
Volume:	16 mL/bottle
Storage:	2–8°C
Stability:	Unopened: Stable until the expiry date printed on the label. After Opening: Stable for three weeks.

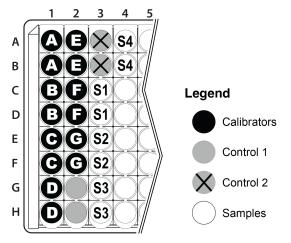
# 7. STOP Stopping Solution

Contents:	One bottle containing 1M sulfuric acid.
Format:	Ready to Use
Volume:	6 mL/bottle
Storage:	2–8°C
Stability:	Unopened: Stable until the expiry date printed on the label. After Opening: Stable for three weeks.
Safety:	Refer to product SDS.  Warning

# 8. WASH BUFF CONC Wash Buffer Concentrate

Contents		One bottle containing buffer with a non-ionic detergent and a non-mercury preservative.		
Format:		Concentrated; Requires Preparation		
Volume:		50 mL/bottle		
Storage:		2–8°C		
Stability:		Unopened: Stable until the expiry date printed on the label. After Opening: Stable for three weeks. Following Preparation: The wash buffer working solution is stable for 2 weeks following preparation, assuming Good Laboratory Practices are adhered to. To prevent microbial growth, prepare the wash buffer working solution in a clean container and store under refrigerated conditions (2-8°C) when not in use.		
Preparation of Wash Buffer Working Solution:		X10 Dilute 1:10 Before Use  Dilute 1:10 in distilled or deionized water before use. If the whole microplate is to be used dilute 50 mL of the wash buffer concentrate in 450 mL of distilled or deionized water.		

#### 10. RECOMMENDED ASSAY LAYOUT



#### 11. ASSAY PROCEDURE

Specimen Pre-Treatment: None

All kit components, controls and specimen samples must reach room temperature prior to use. Calibrators, controls, and specimen samples should be assayed in duplicate. Once the procedure has been started, all steps should be completed without interruption.

- After all kit components have reached room temperature, mix gently by inversion.
- Prepare the HRP Conjugate Working Solution and Wash Buffer Working Solution (See section 9. Reagents Provided section, 2. HRP Conjugate Concentrate and 8. Wash Buffer Concentrate).
- 8. Plan the microplate wells to be used for calibrators, controls, and samples. See section 10. Recommended Assay Layout. Remove the strips from the microplate frame that will not be used and place them in the bag with desiccant. Reseal the bag with the unused strips and return it to the refrigerator.
- Pipette 25 μL of each calibrator, control, and specimen sample into assigned wells.
- Pipette 200 µL of the HRP Conjugate Working Solution into each well (the use of a multi-channel pipette is recommended).
- Incubate the microplate on a microplate shaker\*\* for 45 minutes at room temperature.
- Wash the microplate wells with an automatic microplate washer (preferred) or manually as stated below.

Automatic: Using an automatic microplate washer, perform a **3-cycle** wash using **300 \muL/well** of Wash Buffer Working Solution (3 x 300  $\mu$ L). One cycle consists of aspirating all wells then filling each well with 300  $\mu$ L of Wash Buffer Working Solution. After the final wash cycle, aspirate all wells and then tap the microplate firmly against absorbent paper to remove any residual liquid.

Manually: For manual washing, perform a **3-cycle** wash using **300** μL/well of Wash Buffer Working Solution (3 x 300 μL). One cycle consists of aspirating all wells by briskly emptying the contents of the wells over a waste container, then pipetting 300 μL of Wash Buffer Working Solution into each well using a multichannel pipette. After the final wash cycle, aspirate all wells by briskly emptying the contents over a waste container and then tap the microplate firmly against absorbent paper to remove any residual liquid.

- 8. **Pipette 150 μL** of TMB Substrate into each well (the use of a multichannel pipette is recommended).
- Incubate the microplate on a microplate shaker\*\* for 15-20 minutes at room temperature.
- 10. Pipette 50 µL of Stopping Solution into each well (the use of a multi-channel pipette is recommended) in the same order and speed as was used for addition of the TMB Substrate. Gently tap the microplate frame to mix the contents of the wells.
- Measure the optical density (absorbance) in the microplate wells using an absorbance microplate reader set to 450 nm, within 20 minutes after addition of the Stopping Solution.
  - \*\* See section 8. Reagents And Equipment Needed But Not Provided for microplate shaker options

#### 12. CALCULATIONS

- Calculate the mean optical density for each calibrator, control and specimen sample duplicate.
- Use a 4-parameter or 5-parameter curve fit with immunoassay software to generate a calibrator curve.
- The immunoassay software will calculate the concentrations of the controls and specimen samples using the mean optical density values and the calibrator curve.
- If a sample reads more than 10 μg/mL and needs to be diluted and retested, then dilute with calibrator A not more than 1:8. The result obtained must be multiplied by the dilution factor.

#### 13. QUALITY CONTROL

When assessing the validity of the test results, the following criteria should be evaluated:

- The calibrator A mean optical density meets the acceptable range as stated in the QC Certificate.
- The calibrator with the highest concentration meets the % binding acceptable range as stated in the QC Certificate. % Binding = (OD of calibrator/OD of calibrator A) x 100.
- The values obtained for the kit controls are within the acceptable ranges as stated in the QC certificate.
- The results of any external controls that were used meet the acceptable ranges.

#### 14. TYPICAL DATA

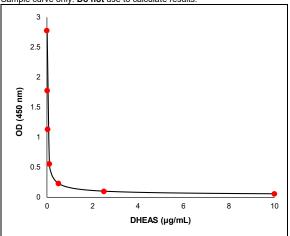
#### 14.1 TYPICAL TABULATED DATA

Sample data only. Do not use to calculate results

Calibrator	Mean OD (450 nm)	% Binding	Value (μg/mL)
Α	2.781	100%	0
В	1.776	64%	0.005
С	1.132	41%	0.02
D	0.558	20%	0.1
E	0.230	8%	0.5
F	0.100	4%	2.5
G	0.056	2%	10
Unknown	0.156	-	1.04

#### 14.2 TYPICAL CALIBRATOR CURVE

Sample curve only. Do not use to calculate results.



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#### 15. PERFORMANCE CHARACTERISTICS

#### 15.1 SENSITIVITY

The lower detection limit is calculated from the standard curve by determining the resulting concentration of the mean OD of Calibrator A (based on 10 replicate analyses) minus 2 SD. Therefore, the sensitivity of the DHEAS ELISA kit is **0.005 ug/mL**.

#### 15.2 SPECIFICITY (CROSS-REACTIVITY)

The following compounds were tested for cross-reactivity with DHEAS cross-reacting at 100%.

Compound	% Cross-Reactivity	
DHEAS	100	
Androsterone	16.0	
Androstenedione	1.7	
Testosterone	0.9	
Progesterone	0.6	
DHT	0.6	
Cortisol	0.5	

The following steroids were tested but cross-reacted at less than 0.001%: 17β-Estradiol, Estrone, Estrone-Sulfate and Pregnenolone.

#### 15.3 PRECISION

#### Intra-Assay Precision

Three samples were assayed ten times each on the same calibrator curve. The results (in  $\mu g/mL$ ) are tabulated below:

Sample	Mean	SD	CV %	
1	0.24	0.02	7.5	
2	2.02	0.18	8.9	
3	9.54	0.11	11.5	

#### Inter-Assay Precision

Three samples were assayed ten times over a period of four weeks. The results (in  $\mu g/mL$ ) are tabulated below:

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Sample	Mean	SD	CV %	
1	0.13	0.02	15.3	
2	1.11	0.09	8.1	
3	6.38	0.27	4.2	

#### **15.4 LINEARITY**

Three serum samples were diluted with calibrator A. The results (in  $\mu g/mL$ ) are tabulated below:

Sample	Observed Result	Expected Result	Recovery %
1	2.88	-	-
1:2	1.74	1.44	120.8
1:4	0.88	0.72	122.2
1:8	0.43	0.36	119.4
2	6.32	-	-
1:2	3.17	3.16	100.3
1:4	1.63	1.58	103.2
1:8	0.78	0.79	98.7
3	7.12	-	-
1:2	3.09	3.56	86.8
1:4	1.54	1.78	86.5
1:8	0.80	0.89	89.9

#### 15.5 RECOVERY

Spiked samples were prepared by adding defined amounts of DHEAS to three serum samples. The results (in ud/mL) are tabulated below:

Sample	Observed Result	Expected Result	Recovery %
1 Unspiked	0.67	-	-
+ 0.1	0.84	0.77	109.1
+ 1.0	1.97	1.67	118.0
+ 5.0	5.80	5.67	102.3
2 Unspiked	1.21	-	-
+ 0.1	1.41	1.31	107.6
+ 1.0	2.01	2.21	91.0
+ 5.0	4.95	6.21	79.7
3 Unspiked	1.72	-	-
+ 0.1	1.93	1.82	106.0
+ 1.0	2.65	2.72	97.4
+ 5.0	5.45	6.72	81.1

#### 16. REFERENCE RANGES

As for all clinical assays each laboratory should collect data and establish their own range of expected normal values.

Group	Range (µg/mL)
Males	0.39 – 4.63
Females	0.46 – 2.75
Postmenopausal Females	0.48 - 2.08

#### 17. LITERATURE

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#### 18. SYMBOLS GLOSSARY

Symbol	Definition	Symbol	Definition
REF	Catalogue number	***	Manufacturer
LOT	Batch code	~	Date of manufacture
IVD	In vitro diagnostic medical device	æ E	Biological risks
UDI	Unique Device Identifier	i	Consult instructions for use
X #	Dilute 1:# Before Use	Rx ONLY	Prescription only: Device restricted to use by or on the order of a physician
QTY	Quantity	类	Keep away from sunlight
$\square$	Use-by date	EC REP	Authorized representative in the European Community/ European Union
(2)	Do not re-use	1	Temperature limit
	Caution	Σ	Contains sufficient for <n> tests</n>
LYO	Lyophilized	RUO	For Research Use Only. Not for use in diagnostic procedures.

The definitions of symbols used for kit component names are described in the *Reagents Provided* section.

#### 19. CHANGE HISTORY

	Previous Version:	IVD-10.0	New Version:	USA-10.0
Ī	Changes:	Change in version prefix from IVD to USA. Build: v1.3D		

#### 20. GENERAL INFORMATION

Manufactured	Immuno-Biological Laboratories, Inc.
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#### **Product Complaints**

In the case of product complaints, the user shall submit in writing to the distributor or manufacturer a description of the complaint and provide accompanying data and/or information.

#### Warranty

IBL-America guarantees that the product is free of defects and will perform within the product specifications when the product is used prior to the expiration date, according to the intended purpose and use, and according to the instructions for use provided with the product. Any deviations from the intended purpose and use, instructions for use, modifications to kit components or use beyond the expiration date will invalidate any warranty claims.

#### Limitation of Liability

IBL-America liability in all circumstances whether in tort (including negligence) o at common law, and for any damage or loss, including but not limited to loss of profit and loss of sales, suffered whether direct, indirect, consequential, incidental or special is limited to the purchase price of the product(s) in question.

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